## **SUMMER**

Summer is the time of year when the Valley is bursting with high quality fresh produce.

The crunchiest, freshest table grapes are in abundance. Watermelons, rockmelons, tomatoes, sweet corn, mangoes, figs, peaches and apricots are just a few of the treasures grown under clear blue skies in the clean fresh air of the Swan Valley.

Bite into the biggest ruby red figs at Rangeview Vineyards and savour the crisp crunch of a vine ripened melon from one of many roadside stalls.

## **SPRING**

The first tips of asparagus, one of the most sought after crops of the season, marks the start of spring. Both green and purple asparagus flourish in the Swan Valley.

Broad beans, peas, zucchini, beetroot, rhubarb and eggplants are in abundance.

Spring wildflowers appear on the scarp. Plum, peach and apricot trees are in full blossom. Our beekeepers will be gathering honey from the bee hives to bring you the freshest most natural honey possible.

## FRESH TABLE GRAPES

Table grapes have drawn people to the Swan Valley every summer for generations.

Today viticulture is still a major part of the rural ambience and economy of the Swan Valley. Table grape season generally runs from late December to mid-April.

Some of the main varieties of table grapes grown in the Swan Valley are Flame Seedless, Crimson Seedless, Scarlotta Seedless®, Sweet Celebration®, Dawn Seedless, Midnight Beauty®, and Autumn Crisp®.

As well as the new wave of seedless grapes, the old world traditional vintage varieties of Muscat, Currants and Cardinals continue to be grown and are still a firm favourite with many people.

## PICK YOUR OWN

To pick your own produce straight from the ground or the tree is a taste experience you will never forget.

At **Swan Street Vineyard/The Old Shed** (Jan-April) you can pick your own grapes and figs. Phone to check what produce is ripe at the vineyard throughout the year.

At **Swan Valley Sisters** you can pick your own citrus direct from the orchard (July-Sept), asparagus (Sept-Mar) and mangoes and figs (Feb-Mar). Bookings are essential.

At **Baudin's Macadamias** (Feb-Dec) when you book a tour of the orchard and processing plant, you can pick and take home half a kilo of macadamias.

## **AUTUMN**

The cooler Autumn weather marks the end of vintage for winemakers and the end of harvest season for our table grape growers and some fruit and vegetable growers.

You will see the grape vines being pruned ready for dormancy over the colder winter months.

Other growers are starting to plant peas, broad beans, herbs and other fruits and vegetables in preparation for a spring harvest.

March is also when pumpkins, mangoes and pomegranates ripen in the Swan Valley. The unique pomegranate fruit, sought after by chefs, is delicious fresh or made into syrup.

## WINTER

Winter is the time of the year citrus such as oranges, limes, mandarins, lemons and cumquats are all ripening on the trees producing the sweetest and juiciest fruit.

Strawberries are also at their peak during the cooler winter months. Stalls such as West Swan Fresh, Tolich and Nguyen have supplies direct from the fields.

It is also time for olive oils freshly pressed from local trees and purple garlic, full of flavour, is ready to be harvested.

## **OPEN ALL YEAR**

The Swan Valley has outlets open all year that offer a wide range of fresh produce.

At the Swan Valley Gin Company you can taste gin that has been infused with locally grown cumquats. Iconic Australian macadamia nuts can be enjoyed at Bauldin's Cottage where you can also book a tour of the orchard.

Honey fresh from the hive, olive oils, freshly squeezed juices, ciders, goat's milk, nuts and farm fresh eggs with golden yolks are just a few of the products available to be purchased at stores and roadside stalls all year round.

Many all year outlets preserve their seasonal produce by way of drying, pickling or preserving. Fruit jams, chilli pastes, pickles and dried grapes can all be found in the Valley. At Edgecombe Brothers (est. 1925) they follow family recipes to pickle their estate grown olives; they also make beetroot relish and delicious grape jam.

Enjoy a regional foodie experience every day. No matter when you visit there will always be something fresh, ripe and in season ready for you to enjoy.

By eating locally-grown food you are supporting farmers and producers and investing your food dollars in the community.

# Ready to get started?

The Swan Valley Fresh Seasonal Produce Trail route changes with the seasons.

The vine-studded countryside has a wide and diverse range of seasonal produce for you to enjoy any time of the year. Just meander your way through the valley and keep an eye out for roadside stall signs.

Use the map overleaf to guide you to the many businesses open all year round and the seasonal roadside stalls that offer a farmer direct experience. If you are unsure when your favourite produce is available, refer to the calendar below and business contact information overleaf to call ahead to check availability.

## Produce calendar

**Autumn** Mangoes, pomegranates, pumpkins

Winter Citrus, garlic, strawberries
Spring Asparagus, broad beans, peas

Summer Avocados, figs, grapes, macadamias, melons

Growing fresh produce is governed by the weather. Some years ripening can be a little earlier or later than usual.

# **Location of the Swan Valley**

The Swan Valley is located a short 25 minute drive from the Perth CBD and 20 minutes from Perth Airport. Refer to the Fresh Seasonal Produce Trail Map inside for how to get to the Swan Valley and the Swan Valley Visitor Centre where you will find information on accommodation, tours and more.

## **About WA Food & Wine Trails**

Western Australia is blessed with a huge range of memorable food and drink experiences. The WA Food & Wine Trails provide you with a sample of what is available across the state. Make sure you look out for them on your travels.



Visit the Trails WA website at **trailswa.com.au** and download the TrailsWA app from the App Store to find more trails to explore.

Produced with the support of **Tourism WA** 







# **Welcome to the Swan Valley**

The growing of fresh Swan Valley produce is ruled by the four seasons of our Mediterranean climate.

When eating with the seasons we are eating foods at their most flavoursome, most abundant and least expensive.

The Swan Valley is a diverse food bowl located on Perth's doorstep.

Come and meet the friendly locals, vignerons and farmers. Experience fresh seasonal produce with real taste using agricultural traditions passed down from generation to generation.

From the freshest crunchiest table grapes that you can buy direct from the grower at one of the many roadside stalls to homemade vincotto, gem squash, eggplants, apricots, tomatoes, melons, citrus, asparagus and the lushest ripe mangoes - the Swan Valley has it all covered throughout the year.

Honey is also a Swan Valley speciality. Buy direct from the beekeeper and be assured that it is pure and natural.

Passionate and dedicated growers, the warm climate and fertile soils create flavoursome food grown with love.

Swan Valley

# FRESH SEASONAL PRODUCE TRAIL





# FRESH SEASONAL PRODUCE TRAIL MAP

Discover the location of the Swan Valley Fresh Seasonal Local Produce Outlets & Seasonal Roadside Stalls.





## **Business listings**

## 1. Swan Valley Visitor Centre 7

**Guildford Courthouse** Cnr Meadow & Swan Sts. Guildford 7 Days 9am-4pm 08 9207 8899 swanvalley.com.au

#### 2. Katich's The Grape Place

(7 Days Jan-Apr 8:30am-5:30pm) 899 West Swan Rd Caversham 08 9279 2270 Grapes, melons, honey

#### 3. Michael Brothers Juice

(7 Days 11am-5:30pm) Valencia Complex 55 Benara Rd Caversham, 08 9378 7007 Raw cold pressed juices

## 4. Grape Sensation

(Jan-April) 62 Benara Rd Caversham Grapes, melons

## 5. Tolich

(Wed-Sun) 2702 West Swan Rd Caversham Garlic, grapes, tomatoes, potatoes

## 6. Caversham Rise

(Thurs-Sun Jan-April) 2710 West Swan Rd Caversham 08 9274 3021 Grapes, melons

#### 7. Quick Stop Fruit Mart

(7 Davs Jan-Apr) 3589 West Swan Rd Caversham Grapes, honey, melons

## 8. Keller's

(Sat-Sun) 104 Victoria Rd Dayton 08 9274 8500 Sourdough bread, eggs, syrups,

#### 9. Nuo's Grapes

(Fri-Sun Jan-Apr) 4752 West Swan Rd West Swan 0438 741 005 Grapes

## 10. West Swan Fresh

(7 Days 9.30am-5.30pm) Cranleigh St West Swan Strawberries, melons, Asian greens

## 11. Gratte and Rogers

(Jul-Aug) 5950 West Swan Rd Middle Swan Oranges

## 12. Windarra Honey

(7 Days) 5 George St West Swan 08 9274 6649 Honey

## 13. The Billy Goat Shed

(Sat-Sun Late Dec-Mar) 6540 West Swan Rd West Swan Grapes, melons, avocadoes

## 14. Swan Street Vineyard The Old Shed

(Sat-Sun, Pub Hols Jan-Apr) Pick your own. 64 Swan St Henley Brook 0413 613 871 Grapes, figs, fig jam, olives, olive oil, honey

#### 15. Swan Valley Sisters

(Sat-Sun 8am-12:30pm) Pick your own - oranges, lemons, mandarins (Jul-Sept) asparagus (Oct-Feb), mangoes, figs (Feb-Mar). Bookings Essential. 1715 Gnangara Rd Henley Brook 0498 008 656 Organic and biodynamic fruit and

#### 16. Edgecombe Brothers

vegetables

(7 Days 10am-5pm) 1733 Gnangara Rd Henley Brook 08 9296 4307 Grapes, olives, asparagus

## 17. Swanville Citrus

(May-Sep) 15 Nolan Ave Upper Swan 08 9296 4110 Mandarins, oranges

## 18. Baudin's Macadamias

(Farm gate sales 7 days Feb-Dec) Book a tour to pick your own 85 Memorial Ave Baskerville 0412 298 665 Macadamia nuts

## 19. G & A Alvaro

(Jan-Apr) 138 Memorial Ave Baskerville Grapes, melons, figs

## 20. Zannino

(Fri-Sun Jan-Apr 9am-5pm) Cnr Haddrill Rd and Railway Pde Baskerville Grapes

## 21. Rangeview Vinevards

(Tue-Sun Jan-Apr) 60 Maisie St Baskerville 08 9296 4268 Grapes, melons

## 22. Swan Valley Gin Company

(Sat-Sun 11am-5pm) 1050 Gt Northern Hwy Baskerville 08 9296 3537 Cumquat and mandarin gin

## 23. Sorgiovanni's Produce

(7 Days) 508 Campersic Rd Millendon 08 9296 4937 Grapes, olive oil, vincotto

## 24. The House of Honey

(7 Days 10am-5pm) 867 Gt Northern Hwy Herne Hill 08 9296 3635 Honey, pollen, royal jelly

## 25. Kafarela's Vineyard (Mon-Sat 10am-5pm)

706 Gt Northern Hwy Herne Hill 08 9296 0970 Figs, grapes, mangoes, melons, peaches

#### 26. Nguyen

(7 Days) 649 Gt Northern Hwy Herne Hill Strawberries, tomatoes

## 27. Swan Settlers Market

(Sat-Sun 9am-5pm) 124 Lennard St Herne Hill 0417 544 326 Honey, fruit, vegetables including organic

## 28. Valley Wines

(Sat-Sun) 352 Lennard St Herne Hill 08 9296 1147 Olive oil

#### 29. M & F Murace

(7 Days) 68 Campersic Rd Herne Hill 08 9274 5919 Garlic, grapes, lemons

#### 30. Fazzalari

(Sat-Sun) 33 Campersic Rd Middle Swan 0412 700 427 Olive oil

## 31. Jane Brook Fresh Market

(7 days 7am-6pm) 166 Wilson Rd Middle Swan 0403 005 808 Fruit and vegetable market

# **Getting around**

With the Swan Valley located a short 25 minute drive from the Perth CBD and 20 minutes from Perth airport, one of the best ways to explore the Fresh Seasonal Produce Trail is to self-drive.

Should you require a hire car, collection points are conveniently located at Perth Airport and a variety of Perth CBD locations.

You might like to consider booking an Uber or taxi to transport you around the trail. If chartering a bus for larger groups please contact the venues directly to book to avoid disappointment.

## **Accommodation and further information**

Contact the helpful staff at the Swan Valley Visitor Centre or visit swanvallev.com.au for comprehensive information about the Swan Valley, including a free and real time accommodation and tour booking service.



## **Swan Valley Visitor Centre**

**Guildford Courthouse** Corner Meadow and Swan Streets, Guildford 7 days, 9am - 4pm 08 9207 8899 swanvalley.com.au



@theswanvalley f /theswanvalley

